



EXAMPLE OF A CASE STUDY USED TO MEASURE IMPROVEMENT IN COMPETENCE IN A CME ACTIVITY

A mildly hypertensive and anxious 72 year old women presents at your office with her 78 year old husband. She accuses her husband of beating her and stealing her money. Upon examination, you find no evidence of any trauma or bruising. You perform a Mini Mental State Exam (MMSE) and she scores 24 out of 30. You continue to engage the patient and ask her to complete a Clock Drawing Test. She successfully completes the task. You engage her in conversation and you ask her to tell you what her plans are for Christmas. She gives a basic answer and doesn't elaborate. You sequester the husband and question him about his wife's claims. He denies any abuse—physical, emotional or financial—but complains of his wife's outrageous suspicions. What do you do?

- A. Nothing. This is the first claim and you reassure them that everything is fine. Ask to see them again in two weeks.
- B. Document her claim and refer the husband and wife to social services.
- C. Initiate the lowest dose of an antianxiolytic and a cholinesterase inhibitor. Asks to see her and her husband again in one month but with separate appointments.
- D. Order the following blood work for her: CBC, electrolyte panel, calcium, BUN, creatinine, glucose, vitamin B12, thyrotropin, and a MRI (American Academy of Neurology).
- E. B and C
- F. B and D

[Correct answer=F]